

WHAT TO EXPECT AFTER

PE TUBE INSERTION



ACTIVITY & DIET

Most children are back to their normal activity within a few hours after surgery. Some children may experience nausea, vomiting, or fatigue from the general anesthetic. This should resolve within a few hours following surgery. Begin with a clear liquid diet, progress to a soft diet, and then return to a normal diet as your child feels like eating.

PAIN & TEMPERATURE

Most children do not have any post-operative pain. However, if your child is fussy or running a fever after surgery, give Tylenol (Acetaminophen) as directed. If pain becomes more severe or lasts longer than 3 days or if fever is greater than 102.5 degrees and not reduced with Tylenol, contact our office.

DRAINAGE

Slight ear drainage is normal after surgery. Drainage may be clear, pink or bloody. This drainage may be present for 2 to 4 days after surgery. If this drainage persists or changes in character, contact our office.

GENERAL CARE

Try to prevent water from entering the ear canal. During baths, showers and shampoos, your child's ears should be protected. Silicone ear putty or specially made ear molds can be inserted into the outer ear to block the canal. Either ear putty or ear molds should be used during swimming in lake or ocean water. Diving should be avoided. Ear plugs are not needed when swimming in pool water.

MEDICATION

Depending on the condition of the ears, the doctor may prescribe ear drops, and instructions will be provided on how to administer the ear drops upon picking up your prescription.

FOLLOW-UP APPOINTMENT

A follow-up appointment has been made for you. Refer to your surgery letter for date and time. If this appointment needs to be changed, please contact our office.

QUESTIONS OR PROBLEMS

If questions or problems arise during normal business hours, please do not hesitate to call the office at (810)695-3766. For post-surgical medical issues after normal business hours, call the office at (810) 695-3766 and follow the prompts to be connected to Dr. Ulrich. If unable to connect through the office, contact Genesys information at (810) 606-5000 to have Dr. Ulrich paged.

J. Martin Ulrich, D.O., F.O.C.O.O
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